

Tracy Manor is a family owned and operated Residential Care Home with an extended family atmosphere.



We offer a high standard of care in a warm and friendly environment. Our friendly welcoming atmosphere helps ease the anxiety of transition and promote a smooth adjustment for our residents. When you or someone you love is ready for a lifestyle with more assistance, come see us!

## **About Us**

Tracy Manor is located in scenic West Hartford in a quiet residential neighborhood within easy walking distance of many stores, banks, restaurants, and the bus line.

Our goal at Tracy Manor is to provide a consistent, high standard of service that allows the people we care for to live in a comfortable environment Where their individuality, independence and dignity are respected and upheld.

## Meals

We offer 3 home cooked meals per day plus a variety of healthy snacks and coffee breaks throughout the day. We strive to use local fresh produce. Most special diets and food preferences can be accommodated.

## **Our Services**

Our entire focus has been on providing our residents with a physically, emotionally, and mentally enriching lifestyle. We work together with doctors, health professionals, and local community services as a team to provide the level of care we are known for.

#### We Offer:

- 24 Hour Supervision
- Medication assistance and monitoring
- Personalized assistance
- Meal preparation for breakfast, lunch, dinner and snacks

# **Our Amenities**

We at Tracy Manor recognize the importance of an environment that facilitates relaxation and comfort.

Below are a few of the amenities you'll enjoy while with us:

- Resident Computer with High Speed Internet Service
  and WiFi
- A Common Lounging Area with Home Entertainment System Including Video Gaming
- $\cdot$  Cable TV in Bedrooms
- Central Air Conditioning
- House Keeping Service
- Field Trips and Shopping Trips
- Frequent Recreational Activities
- $\cdot$  Private Patio
- Full Laundry and Linen Service Included

## **Activities**

Here at Tracy Manor we like to keep our residents active physically, socially, and mentally through the many recreational features we have to offer. We offer diverse activities such as a selection of oil painting, musical performances, beach & pool trips, bingo, card games, board games, movie nights as well as health & beauty activities and shopping trips.

- Incidental transportation to appointments (medical, dental, social events)
- Laundry services
- Daily Housekeeping
- Wide Variety of Recreational
- Activities
- $\cdot$  Celebration of special occasions, birthdays and holidays

To ensure the safety and well being of our residents, our home is equipped with the following Safety & Security Amenities:

- Alarm Monitoring
- · Fire Alarm and Full Sprinkler System
- · 24 Hour Experienced Staff
- Emergency In-Room Call System
- Backup Electrical Generator





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